

# Innovative Research on the Integration of Traditional Ritual Music Culture and Classical Dance Teaching

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**Abstract:** The connotation of Chinese traditional culture of rites and music is that rites and music educate the whole world, cultivate people's self-cultivation, understand Heaven's way, be modest and polite. It affects the ancient and modern people's thoughts and values. The integration of traditional ritual culture and classical dance teaching can enrich the connotation of classical dance, teach students the ritual culture, and improve students' Ideological and moral quality imperceptibly. This paper mainly analyzes the specific measures of the integration of traditional ritual culture and classical dance teaching.

## 1. Introduction

China's classical dance has a long history and unique style. It is based on the traditional folk dance, which has been sorted, processed and created, and gradually formed its own unique style. Classical dance has a high demand for students' movements. It requires students to regulate their movements so as to achieve the charm of classical dance. The integration of traditional etiquette and music culture and classical dance teaching can better conduct etiquette and ideological and moral education for students, so as to improve their comprehensive quality. Since the founding of new China, the discipline of Chinese classical dance has been refined and rebuilt by the older generation of dancers in the early 1950s on the basis of traditional culture, such as opera dance, acrobatics, martial arts, etc., due to the unique style of classical dance in opera. Since the reconstruction of classical dance, choreographers have been trying to inherit the core element of traditional culture, "ritual and music culture". However, the spread and promotion of the culture of rites and music in the current dance teaching in Colleges and universities are not satisfactory. How to integrate the traditional culture of rites and music with the classical dance teaching scientifically and effectively, and how to play the educational significance of the traditional culture of rites and music to the students are the key issues to be solved in this paper.



Fig.1 Relief of Ritual and Music Culture

## **2. The Significance of the Integration Teaching of Traditional Ritual Music Culture and Classical Dance**

### **2.1 It Helps to Promote the Spread of the Culture and Thought of Rites and Music**

With the rapid development of society and economy, more and more foreign thoughts and cultures are pouring into students' study and life, which affects the development of students' thoughts and moral concepts. The integration of traditional ritual culture and classical dance teaching can make students experience the essence of Chinese traditional ritual culture while learning classical dance, so that students can develop correct ideas, moral values and values, and promote the overall development of students [1].

### **2.2 Help to Innovate the Form of Classical Dance**

The form of Chinese classical dance can be divided into Chinese style, European style and Indian style. It is an art between dance and opera. It cultivates students' body charm. The integration of traditional ritual culture and classical dance teaching can make teachers arrange the movements of classical dance according to the content of traditional ritual culture, increase the expression form of classical dance, and make it unique. At the same time, the traditional etiquette and music culture also enriches the concept and content of classical dance, deepen the students' certification of classical dance, and improve the students' dance literacy.

### **2.3 Help to Improve Students' Music Literacy**

Chinese classical dance can be traced back to Chinese ancient court dance, even more distant folk dance. There is an inseparable relationship between music and dance. When students study classical dance, they will inevitably come into contact with music. Good music can deepen the artistic conception of classical dance and improve the characteristics of classical dance. Bad concerts affect the expression of classical dance, can not arouse the resonance between students and music, thus reducing the progress of students' understanding of classical dance. In the process of combining traditional music culture with classical dance, we can integrate traditional music culture into music, and use music to enhance the artistic value of classical dance. In this process, students can fully understand the traditional Chinese ritual music culture, so as to improve their comprehensive music literacy [2].



Fig.2 Holding Hands

## **3. The Teaching Measures of the Integration of Traditional Ritual Music Culture and Classical Dance**

### **3.1 The Integration of Traditional Culture of Rites and Music into the Training System of Classical Dance**

Classical dance training includes shape, spirit, strength, law and other aspects of training, shape

refers to the shape of training, it requires students to twist, tilt, circle, music based on a variety of dance shape and corresponding technical skills. God refers to the training of verve, air and temperament, which is the connotation training of Chinese classical dance. Strength refers to the training of strength and rhythm. It requires students to carry out the training of priorities, cadence, speed, tightness, opening and closing according to music, so that students can master the correct method of strength. Law is the essence of classical dance. It requires students to follow the music to master the rhythm and movement law, learn the movement law of classical dance, and let students really master the essence of classical dance through training.

The integration of traditional music culture and classical dance teaching, can carry out the education of traditional music culture in the process of training, on the one hand, can mobilize students' resonance for classical dance, deepen students' understanding of classical dance, and improve students' artistic quality. On the other hand, it can improve the form and content of classical dance training, let students taste the soul of classical dance, and gradually cultivate students to be talents with both dance technology and cultivation.

### **3.2 The Integration of Traditional Ritual Music Culture into Classical Dance Music Teaching**

Music is an essential part of classical dance training. The combination of traditional etiquette and music culture with classical dance music can gradually improve students' aesthetic awareness of classical dance, and improve students' charm and skills of classical dance, so as to promote students' comprehensive accomplishment of classical dance. Teachers can play more music with traditional ritual music culture for students, such as “Liang Zhu”, “Pipa line”, “long hate song”, “water lily”, “moon full West Tower” and other music, so that students can feel the thoughts, feelings and values contained in music in the process of music appreciation, improve students' awareness of art, and guide students to establish correct artistic values . At the same time, teachers should also combine the progress of students to select music repertoire, guide students in a targeted way, excavate students' flash point in the process of guidance, help students to establish their confidence in learning classical dance, so as to continuously improve students' classical dance skills and artistic cultivation.

### **3.3 The Integration of Traditional Music Culture into Classical Dance Teaching**

Due to the rapid development of the times, fast food culture has become the mainstream of the current culture, many people do not carry out in-depth cultural learning, leading to the gradual weakening of people's understanding of classical dance, affecting the inheritance, promotion and development of classical dance. Teachers can improve students' ability of understanding and perception of classical dance by integrating traditional culture of rites and music with classical dance teaching.

At present, there is a phenomenon of pattern in Chinese classical dance. On the one hand, many young students and dancers are too keen on Western dance and blindly westernize it, which makes the classical dance lose its original flavor. On the other hand, because the development of mainstream culture in China is affected, many students and dancers do not realize the lack of classical dance and are unwilling to do so It takes time and energy to study classical dance, which leads to the empty image and content of classical dance, which is not conducive to the development of classical dance. On the one hand, teachers can stimulate students' resonance to classical dance, improve students' cognition to classical dance, and classical dance can be inherited, carried forward and developed. On the other hand, students can realize the connotation of Chinese traditional music culture, feel the charm of Chinese culture, so as to improve students' cultural literacy. When students are learning and creating classical dance, they can create and learn classical dance in combination with traditional etiquette and music culture to improve their dance appreciation level and ability [3].



Fig.3 Classical Dance

## **4. The Enlightenment of the Integration Teaching of Traditional Ritual Music Culture and Classical Dance**

### **4.1 Development of Forms of Expression**

In the process of the integration of traditional ritual culture and classical dance teaching, we can learn from the expression forms of Peking Opera and martial arts, enrich the content and scope of classical dance teaching, redevelop the classical dance, and promote the further development of classical dance. The important component of Chinese national culture is Peking Opera and martial arts. In the process of teaching, classical dance can also combine the expression forms of Peking Opera and martial arts, lead students to read the thinking and methods of Peking Opera and martial arts creation, and create classical dance according to the thinking and methods, so as to enrich the expression forms of classical dance and further develop the classical dance.

### **4.2 Innovation of Creative Materials**

Classical dance in today's society should be inherited and developed, so that the masses can appreciate and learn classical dance, and promote the development of traditional art in China. Dancers, teachers and students can create new forms and contents of classical dance in combination with literary works, folk customs, historical legends, etc., so that people can experience the content and emotion of classical dance through appreciation of classical dance, close the distance between people and classical dance, improve people's cultural quality in the process of appreciation of classical dance, and promote the whole people in China The promotion of cultural quality. For example, the dance storm launched by Hunan Satellite TV, in which many dancers have integrated classical dance with other factors, bringing people visual aesthetic enjoyment. It not only exercises the dancers' dance skills and creative ability, but also enables more people to appreciate Chinese classical dance, and improves people's love for classical dance, which greatly promotes The inheritance, promotion and development of classical dance [4].

## **5. Conclusion**

The integration of traditional etiquette and music culture and classical dance teaching, on the one hand, promotes the promotion of traditional etiquette and music culture, improves the ideological and moral quality of dancers and people; on the other hand, makes classical dance innovative and developed, enables students to conduct the baptism of ideas, hearts and values in the process of learning classical dance, and meets the needs of the current society for dance. Therefore, students, dancers and teachers should stand on the basis of traditional Chinese ritual culture to innovate the form and content of classical dance, so that classical dance can become a popular dance of the masses, and promote the further development of classical dance in the present.

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